



PVKN GOVERNMENT COLLEGE(AUTONOMOUS), CHITTOOR, AP

DEPARTMENT OF PHYSICAL EDUCATION

BOARD OF STUDIES IN YOGA

ACADEMIC YEAR-2020-2021

AGENDA

1. Approval of course structure for Diploma in Yoga
2. Approval Certificate course for Diploma in Yoga, Semester 1 and 2 syllabus
3. Approval for Foundation course - Fundamentals of Yoga for PG 1st year students.
4. Other academic and extra-curricular activities of the department
5. Any other proposal with the permission of the chair

S.No	Category	Name & Designation of the Persons	Chairperson/ Member
1.	Course Coordinator	Dr.Mohano Behara Course coordinator, Lecturer in Botany, PVKN Govt College (A), Chittoor. E-mail: mohanbehara2020@gmail.com	Chair Person 70131 05563
2.	The entire faculty of each specialization of the college	1. Sri. Allu Ramesh, Lecturer in Chemistry. 2. Smt. M. Hemalatha, Lecturer in Botany 3. Dr. A. Sasikala Lecturer in Botany	Members 9182320973 9492072344 9440034218
3.	Two Experts in the subject from outside the parent University to be nominated by the Academic Council	1. Dr. D. Jyothi HOD Department of Sankhya, National Sanskrit University, Tirupati E-mail: daddalajyothi@gmail.com 2. Sri. S. Sreenivasulu Naidu Founder Secretary Yoga Association of Chittoor District E-mail: ssnaidu.tpt@gmail.com	Member 9399928810 Member 9441555990

		<p>3. Dr. Koduru Balasubramanyam Chairman, Elite Hospitals, Tirupati E-mail: koduru.bsm@gmail.com</p> <p>4. Dr. M. Gayatri, Ayurveda Doctor, Apollo Hospital, Aragonda. Email. molagamudigayatri@gmail.com</p>	<p>Member 9346777777</p> <p>Member 9000275852</p>
4.	One meritorious alumnus to be nominated by the Principal	<p><u>Mr. Yanamala Sivakumar</u> E-mail: sivaamvi@gmail.com</p>	<p>Member 9014188891</p>

**Diploma In Yoga Course
(One year duration)
Information & syllabus**

Objectives:

The purpose of the Diploma in Yoga course is

(a) to provide the necessary knowledge of the theory and practice of yoga so that the practitioners learn to practice and also to teach yoga to all age groups for promoting their health and effectiveness.

(b) to give them a basic understanding of human anatomy and physiology, Indian philosophy, and Classical Yoga texts relevant to the theory and practice of yoga to help them gain the theoretical and scientific perspective on yoga. Successful completion of the course will enable the students to teach Hatha yoga practices and meditation with a secular and scientific orientation.

Eligibility The candidates for Diploma in Yoga course shall be required a minimum Intermediate pass or an examination recognized by the Andhra University as equivalent.

Admission procedure: By P.V.K.N Govt college(A),Chittoor

Physical fitness: The selected candidates must be in good physical and mental health and fit to practice Hatha yoga as certified by a physician.

Dress: The students shall be required to wear a suitable dress as designed by the department which will permit them to practice yogic exercises comfortably during practical training.

Courses of study: Diploma in Yoga course shall include two theory papers and one practical. The details of theory papers& practical are provided in the syllabus.

Duration and Instruction: The course duration shall be Six months. The classes will be conducted from Monday to Saturday with theory and yoga practices. Practical classes for kriyas will be conducted on Saturday morning. The medium of instruction shall be English/Telugu. The method of instruction shall comprise of lectures and demonstration.

Yoga practice & Yoga Record: The students shall practice kriyas, asanas, bandhas, pranayama, and meditation during the course on a regular basis. They shall maintain a record consisting of the details of the sequential movements involved in yogic practices. Such a record shall be submitted at the time of the practical examination for evaluation.

Attendance& Examination: In view of the special nature of the course it is desirable that the student shall put in at least 80 per cent attendance to appear for the University examination at the end of the course.

**PVKN. GOVERNMENT COLLEGE (AUTONOMOUS), CHITTOOR,
A.P. DEPARTMENT OF PHYSICAL EDUCATION
DIPLOMA IN YOGA ACADEMIC YEAR - 2020-2021
CURRICULUM SEMESTER - 1**

Paper 1 INTRODUCTION TO YOGA

Unit – 1

Yoga – meaning, definition, aim, objectives, founder, time, etc., with reference from Vedas, Upanishads, puranas, Itihasas, Agamas, Darsanas, etc.

Unit – 2

Schools of Yoga Raja yoga Jnana Yoga Karma Yoga Bhakti Yoga

Unit – 3

Elementary knowledge of basic yogic texts Patanjali yoga sutras Hathayogapradipika Gherandasamhita

Unit – 4

Health management methods in Yoga Yama and Niyamas Shatkriyas Mudras Bandhas Asanas Pranayamas Dhyanam Kundalini yoga

Unit – 5

Introduction to Samkhyakarikas of Isvarakrishna Sankhyayoga Bhagavadgita Chapter –12 Sankhya yoga according to bhagavadgita Karma yoga according to Bhagavadgita Dhyana yoga according to Bhagavadgita

PVKN. GOVERNMENT COLLEGE (AUTONOMOUS),
CHITTOOR, A.P.
DEPARTMENT OF PHYSICAL EDUCATION DIPLOMA IN YOGA
ACADEMIC YEAR - 2020-2021
CURRICULUM SEMESTER - 1

PAPER-2 FUNDAMENTALS OF HUMAN ANATOMY AND PHYSIOLOGY

UNIT-1

Meaning, Definition and importance of Anatomy and Physiology. Cell: Definition, structure and functions

UNIT-2

Skeletal System: Bones, in Axial and Appendicular skeleton, structure, functions and types of bones – types of joints – structural and functional classification, movements around joints, effects of Yogic exercise on skeletal system.

UNIT-3

Muscular System: Structural and functional classification of muscles, characteristics of muscles, fatigue and performance, palpated muscles around shoulder, elbow, hip and knee joint, Effects of Yogic Exercise on muscular system.

UNIT-4

Digestive System: Structure of digestive system, process of digestion: effects of Yoga exercise on digestive system.
Respiratory System: Structure of human Respiratory system, mechanism of Respiration, Oxygen Debt and Second wind, effects of Yogic exercise on circulatory system.

UNIT-5

Excretory system: Structure and functions of Skin and Kidneys, effects of exercise on excretory system. Nervous system
Structure and functions of human brain and spinal cord. Endocrine system; effects of Yogic exercises on endocrine system.

PVKN. GOVERNMENT COLLEGE (AUTONOMOUS) CHITTOOR, A.P.

DEPARTMENT OF PHYSICAL EDUCATION DIPLOMA IN YOGA

Paper -3 PRINCIPLES OF PSYCHOLOGY

UNIT-1

Introduction to Psychology Importance of Psychology in yoga

UNIT-2

Definition of counselling Guidance and Counselling

UNIT-3

Concept of counselling Notion and Misconceptions about counselling

UNIT-4

Scope of counselling Necessity of counselling Steps in the counselling process Stage-1, Stage-2, Stage-3

UNIT-5

Yoga – Personality development Physical, Mental, Emotional, Intellectual, Spiritual Level Personality Development
Importance of Yoga for the college students.

PVKN. GOVERNMENT COLLEGE (AUTONOMOUS), CHITTOOR, A.P.

DEPARTMENT OF PHYSICAL EDUCATION DIPLOMA IN YOGA

SEMESTER - 1

METHODOLOGY OF YOGA PRACTICE PAPER-1

SURYANAMASKARAS – 12 STEPS STANDING ASANAS

1. TADASAN
2. PADAMGUSTASANA
3. ARDHA CHAKRASANA

4. VRIKSHASANA
5. TRIKONASANA
6. PARSVAKONASANA
7. VEERA BHADRASANA – 1

SITTING ASANAS

1. SWASTHIKASANA
2. VAJRASANA
3. USTRASANA
4. SANKASANA
5. BADDAKONASANA (TITILASANA/BUTTERFLY)
6. GOMUKHASANA
7. PADMASANA
8. VAKRASANA
9. JHANUSIRSHASANA
10. POORVOTHANASANA

SUPINE ASANAS

1. UTTANA PADASANA (EKAPADA & DWIPADA)
2. NOUKASANA
3. PAVANAMUKTHASANA
4. VIPARITHAKARANI MUDRASANA
5. SAVASANA

PRONE ASANAS

1. MAKARASANA
2. BHUJANGASANA
3. SALABHASANA

KRIYAS

1. AGNISARADOUTHY
2. JALANETHI

BHANDHAS

1. JALANDHARABHANDHA
2. UDDIYANABHANDHA
3. MULABHANDHA

PRANAYAMAS

1. ANULOMA – VILOMA
2. SURYABHEDANA
3. BRAMARI

PVKN. GOVERNMENT COLLEGE (AUTONOMOUS), CHITTOOR, A.P.

DEPARTMENT OF PHYSICAL EDUCATION

DIPLOMA IN YOGA ACADEMIC YEAR - 2020-2021

METHODOLOGY OF YOGA PRACTICE PAPER-2

SURYANAMASKARAS – 12 STEPS STANDING ASANAS

1. PADAHASTHASANA
2. UTTHITHA PADAMGUSTASANA
3. ARDHA KATI CHAKRASANA
4. PARIVRUTHA TRIKONASANA
5. PARSVOTTHANASANA
6. VEERABHADRASANA – 2

SITTING ASANAS

1. VAJRASANA
2. SUPTHA VAJRASANA
3. SASANKASANA
4. PATCHIMOTTANASANA
5. POORVOTTHANASANA
6. ARDHA MATCHYENDRASANA
7. BADDA PADMASANA
8. AAKARNA DHANURASANA
9. BADDHAKONASANA
10. MARJALASANA

SUPINE ASANAS

1. JATARA PARIVRUTTHANASANA
2. SARVANGASANA
3. MATCHYASANA
4. SAVASANA

PRONE ASANAS

1. SARPASANA
2. DHANURASANA
3. VIPAREETHA NOUKASANA

KRIYAS

1. KAPALABHATI
2. SUTRANETHI

MUDRAS

1. CHINMUDRA
2. PRANAMUDRA
3. APANAMUDRA

PRANAYAMAS

1. NADISUDDI
2. UJJAI
3. SEETHALI

PVKN. GOVERNMENT COLLEGE (AUTONOMOUS), CHITTOOR, A.P.

DEPARTMENT OF PHYSICAL EDUCATION DIPLOMA IN YOGA

SEMESTER - II

Yoga and Allied Sciences

Unit – 1

Introduction to Ayurveda - Meaning, definition, branches, limitations, historical development, ayurvedic texts and authors.

Unit – 2

Elementary knowledge of Ayurveda - Tridosha, sapthadhathu, trigunas, mahabhutas, dinacharya, ritucharya

Unit – 3

Introduction to naturopathy - Definition, concepts, aims and objectives, naturopathy, and yoga, Concepts of natural diet, fasting, naturopathy diet, eliminative diet, soothing diet, constructive diet.

Unit – 4

Mud bath, mud pack, steam bath, sun bath, heat jet, spray massage.

Unit – 5

Introduction to Psychology, Definition of counselling, Scope of counselling, Necessity of counselling

Yoga Therapy

UNIT-1

Introduction to yoga therapy - Definitions, concepts, aims and objectives, nature, need, scope, Differences between yoga therapy and exercise therapy

UNIT-2

Principles of yoga therapy, Panchakosha, role of yogic exercises in yoga therapy

UNIT-3

Meaning of hypertension, stress, and heart disease - Assessment, clinical history, causes, treatment through yoga for hypertension, stress and heart diseases.
contraindications of yogic therapy.

UNIT-4

Meaning of metabolic disorders (diabetes, obesity and thyroid) - Assessment, clinical history, causes, Treatment through yoga for metabolic disorders, contraindications of yogic therapy

UNIT-5

Chronic complaints amenable to yoga therapy - Asthma, arthritis, back pain, menstrual disorders, piles, acidosis, anemia, duodenal ulcer, hernia, paralysis, tonsillitis, wet dreams

SURYANAMASKARAS – 9 STEPS

STANDING ASANAS

1. TADASANA
2. GARUDASANA
3. UTTKATASANA
4. PRASARITHA PADOTTANASANA

SITTING ASANAS

1. SWASTHIKASANA
2. UPAVISTAKONASANA
3. BADDAKONASANA (TITILASANA/BUTTERFLY)
4. MARICHASANA - 1
5. MARICHASANA - 2
6. PASASANA
7. KURMASANA
8. EKAPADASIRSHASANA
9. DWIPADASIRSHASANA
10. YOGANIDRA

SUPINE ASANAS

1. SUPTA PADAMGUSTASANA
2. SUPTA PARSVASAHITHA PADAMGUSTASANA
3. HALASANA
4. SUPTHAKONASANA
5. SAVASANA

PRONE ASANAS

1. MAKARASANA
2. BHUJANGASANA
3. SALABHASANA

KRIYAS

1. TRATAKA
2. VAMANA DOUTHY

BHANDHAS

1. JALANDHARABHANDHA
2. UDDIYANABHANDHA
3. MULABHANDHA

PRANAYAMAS

1. ANULOMA – VILOMA
2. SEETHKARI

SURYANAMASKARAS – 17 STEPS

STANDING ASANAS

- I. PARIGASANA
- II. VATAYANASANA
- III. BHAKASANA
- IV. ARDHABADDAPADAPADMOTTASANA

SITTING ASANAS

1. SIDDASANA
2. ARDHA MATCHYENDRASANA
3. PADMASANA
4. GARBHAPINDASANA
5. KUKKUTASANA
6. YOGAMUDRASANA
7. BHARADWAJASANA
8. KROUNCHASANA
9. URDHVAMUKHA PASCHIMOTTANASANA
10. SIRSHASANA

SUPINE ASANAS

1. JATARA PARIVRUTTHANASANA
2. SARVANGASANA PADMASANA
3. SATHUBHANDHASANA
4. CHAKRASANA
5. SAVASANA

PRONE ASANAS

1. SARPASANA
2. DHANURASANA
3. VIPAREETHA NOUKASANA

KRIYAS

1. NOULI KRIYA
2. VASTRA DOUTHY

MUDRAS

-
1. SHANMUKHI
 2. AADHIMUDRA
 3. BRAHMAMUDRA

PRANAYAMAS

1. NADISUDDI
2. PURAKA – KUMBAKA – RECHAKA
3. BASTRIKA

20-DIY-102

PVKN GOVT. COLLEGE (AUTONOMOUS) - CHITTOOR

(Affiliated to S.V. University, Tirupati)

ONE YEAR DIPLOMA IN YOGA SEMESTER END EXAMINATIONS - AUGUST - 2021

SEMESTER - I-PAPER-II

FUNDAMENTALS OF HUMAN ANATOMY AND PHYSIOLOGY

Time: 3 Hrs.

MAX.MARKS-75

Section -A

Answer any FOUR of the following questions

4x15=60 M

1. Explain the role of Yogic practices on Muscular System.
- 2/ Describe the Functions of Kidneys with diagram.
- 3/ Draw the diagram of Nerve cell structure and explain.
4. Write about the role Yogic Practices on Excretory system.
- 5/ Elucidate the mechanism of Digestive System.
- 6/ Explain about various types of Bones from Skeletal System.
7. Draw the diagram of Brain and explain.

Section -B

Answer any THREE of the following questions

3x5=15 M

8. Yoga for Knee Pain.
- 9/ Asanas for Digestive System.
10. Yogic practices for Obesity.
- 1/ Functions of Cell.
12. Yoga for Migraine Headache.
13. Role of Yoga for Health.

PVKN GOVT. COLLEGE (AUTONOMOUS)-CHITTOOR
(Affiliated to S.V. University, Tirupathi)
ONE YEAR DIPLOMA IN YOGA -SEMESTER END EXAMINATIONS-JANUARY, 2022
II SEMESTER-PAPER-I
YOGA AND ALLIED SCIENCES

TIME:3 HRS

MAX.MARKS: 75

 **Section – A**

Answer any four of the following

4X15= 60 M

- ✓1. Explain basic principles of Ayurveda.
2. Describe the importance and contribution of counseling in Psychology.
- ✓3. Elucidate the importance of Naturopathy in Health Management.
- ✓4. Explain in detail about Dinacharya according to Ayurveda.
- ✓5. Describe the functions of Saptadhatus as explained in Ayurveda.
6. Write about the benefits of Mudbath and Steambath according to Naturopathy.
7. Compare and Contrast Yogic Science with Ayurveda and Naturopathy .

Section – B

Answer any Three of the following questions

3X5= 15 M

- ✓8. Ayurvedic Texts and Authors
- ✓9. Characteristics of Trigunas
10. Fasting and its uses
- ✓11. Definition of Psychology
12. Eliminative Diet in Naturopathy
13. Mahabhutas.

S. No.	Regd. No.	Name	FATHER NAME	MOTHER NAME	AADHAR NUMBER
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2020-21 Diploma in yoga students with faculty members

14 yoga students get diploma certificates

Chittoor: District collector M Harinarayanan presented diploma certificates to 14 yoga students of PVKN Government College's 2020-21 batch, in Chittoor town on Friday. The collector on the occasion promoted daily practice of yoga exercises which he said could give people relief from many ailments. He praised the college for designing and offering diploma and certificate courses in yoga. Principal Dr G Ananda Reddy, said the college was accredited 'A' grade by NAAC.



THE NEW
INDIAN
EXPRESS

Sat, 23 July 2022

<https://epaper.newindianexpress.com/c/>



ABN
ఆంధ్రజ్యోతి



యువతతోనే దేశ భవిష్యత్తు : కలెక్టర్

చిత్తూరు (సెంట్రల్), జూలై 22: దేశ భవిష్యత్తు యువతపైనే ఆధార పడి ఉందని కలెక్టర్ హరినారాయణన్ అన్నారు. శుక్రవారం స్థానిక పీవీకేఎన్ ప్రభుత్వ డిగ్రీ కళాశాలలో యోగా డిప్లొమా కోర్సు పూర్తి చేసిన తొలి బ్యాచ్ విద్యార్థులకు ఆయన ధ్రువీకరణ పత్రాలు అందజేశారు. కలెక్టర్ మాట్లాడుతూ యాంత్రికరణకు అలవాటుపడిన నేటి తరంలో యోగా వ్యక్తిత్వ వికాసానికి ఉపయోగపడుతుందన్నారు. ప్రినిపాల్ ఆనందరెడ్డి, చిత్తూరు జిల్లా యోగా అసోసియేషన్ ఫౌండర్, సెక్రటరీ శ్రీనివాసులునాయుడు పాల్గొన్నారు.



యోగా విద్యార్థులకు ధ్రువీకరణ పత్రాలు అందజేస్తున్న కలెక్టర్ హరినారాయణన్



District collector of Chittoor M.Hari narayana presented diploma in yoga certificates to students

చిత్తూరు

● చిత్తూరు ● పూతలపట్టు ● గంగాధరనెల్లూరు ● నగరి

ఇన్‌ఛార్జి తహసీల్దారుగా బెన్నురాజ్

తపణంపల్లె: ఐరాల తహసీల్దారుగా పనిచేస్తున్న బెన్నురాజ్ తపణంపల్లె ఇన్‌ఛార్జి తహసీల్దారుగా బుధవారం బాధ్యతలు చేపట్టారు. గతంలో పనిచేస్తున్న మోహనపల్లిని కలెక్టర్ కార్యాలయానికి తరలించారు. ఈ మేరకు ఉన్నతాధికారులు ఆదేశాలిచ్చారు.



యోగా శిక్షణ.. ఆరోగ్యానికి రక్షణ

● సామాజిక సేవలో వైపిసీడి ● ఉచిత శిక్షణతో ప్రముఖుల ప్రశంస

స్యాస్ టుడే, చిత్తూరు నగరం

'యోగా' నేటి జీవనశైలిలో ఓ భాగమైంది. బాలల నుంచి వృద్ధుల వరకు అనారోగ్య సమస్యల్ని దూరం చేయడానికి ఇదో సంప్రదాయబద్ధ మైన వైద్యంగా మారింది. ఇదే ఆరోగ్య మంత్రాన్ని ప్రజలకు చేరువ చేయాలన్న తలంపుతో యోగా ఆసోసియేషన్ ఆఫ్ చిత్తూరు డిస్ట్రిక్(వైపిసీడి) నిర్వహించిన కృషి చేస్తోంది.



యోగాసనాలు నేర్పుతున్న దృశ్యం

2015లో ఏర్పాటైన వైపిసీడి యోగాను ప్రజల్లోకి తీసుకెళ్లడానికి నగరంలో పలు కార్యక్రమాలు నిర్వహిస్తోంది. యువతను శిక్షణ ఇచ్చే మాస్టర్లుగా తయారుచేస్తూ, ఇటు మధ్యవయస్కుల వారికి ఆసనాలు నేర్పుతూ వారిని అనారోగ్యం నుంచి కోలుకునేలా చేస్తున్నారు. నిస్వార్థ సేవలతో వైపిసీడి.. ఉన్నతాధికారులు, ప్రజాప్రతినిధుల నుంచి ప్రశంసలు అందుకుంది.

యోగ్రామా..

2017లో నాటి కలెక్టర్ ప్రద్యుమ్న పిలుపు మేరకు వైపిసీడి ద్వారా గ్రామ, పట్టణ స్థాయిలో ప్రజలకు యోగాసనాలపై అవగాహన కల్పించడానికి యోగ్రామ కార్యక్రమాన్ని నిర్వహించారు. నగర శివారులోని గాజులపల్లె వద్ద దీన్ని ప్రారంభించి జిల్లా వ్యాప్తంగా వెయ్యిమందికి శిక్షణ ఇచ్చారు. ఏపీ వైపుణ్యాభివృద్ధి సంస్థ వైపిసీడి సంయుక్త ఆధ్వర్యంలో 2019లో పీవీ కేఎన్ డిగ్రీ కళాశాలలో వంద రోజుల్లో 400 గంటల పాటు నగర యువతకు ఉచిత శిక్షణ ఇచ్చారు. నిరుద్యోగ యువతను యోగా ఇన్‌స్ట్రక్షన్లుగా తీర్చిదిద్దడమే లక్ష్యం. ఏటా

రథసప్తమి సందర్భంగా నగరపాలక, ఏపీ గురుకుల పాఠశాలల్లో సూర్య సమస్కారాలపై విద్యార్థులకు శిక్షణ ఇస్తున్నారు. ఇది నిర్వహించగా కొనసాగుతోంది. స్వాతంత్ర్య, గణతంత్ర దినోత్సవాల వేళ పరేడ్ మైదానంలో నిర్వహించే సాంస్కృతిక కార్యక్రమాల్లో అయిదేళ్ల నుంచి 20 ఏళ్ల లోపు యోగాలో వైపుణ్యం పొందిన పిల్లలతో ఈ విన్యాసాలు చేయించి ప్రముఖుల ప్రశంసలు అందుకు

న్నారు. పీవీకేఎన్ ప్రభుత్వ డిగ్రీ కళాశాలలో డిప్లొమా ఇన్ యోగా తరగతుల్ని వైపిసీడి ద్వారా కొనసాగిస్తున్నారు. యోగా మాస్టర్ల కొరత ఉన్న కారణంగా ఎక్కువ మందిని శిక్షకులుగా తయారుచేయడానికి కోర్సు ఉపయోగపడుతోంది. ఏటా జూన్ 21 నాడు 'ఇంటర్నేషన్ యోగా డే'ను పురస్కరించుకుని వైపిసీడి ద్వారా వందల మందితో స్థానిక మెసానికల్ మైదానంలో యోగా దినోత్సవాన్ని ఘనంగా నిర్వహిస్తారు. యోగా విశిష్టతను చాటిచెప్పేలా అవగాహన కార్యక్రమాలు నిర్వహిస్తారు. వైపిసీడి తరఫున నగరపాలక పట్టణ పేదల రాత్రి వసతిగృహంలో నిరాశ్రయులైన 50 మందికి యోగాసనాలపై ఇటీవల 15రోజుల ఉచిత శిక్షణ పూర్తిచేశారు.

మరింత విస్తరిస్తాం..

యోగా వ్యాయామ సాధనాల సమాహారాల ఆధ్యాత్మిక రూపం. ఇది చాలా శక్తివంతమైన జీవన మార్గం. ఈ విద్యను ప్రజల్లోకి తీసుకెళ్లి అనారోగ్యం బారి నుంచి తప్పించాలని మా ఆసోసియేషన్ కృషి చేస్తోంది. దీనిలో భాగంగానే ఉచిత శిక్షణ తరగతులతో పాటు యువతను మాస్టర్లుగా తీర్చిదిద్దడానికి శిక్షణ ఇస్తున్నాం. ఆసోసియేషన్ ద్వారా మరిన్ని సేవా కార్యక్రమాలను భవిష్యత్తులో విస్తృతం చేస్తాం.

-ఎన్.శ్రీనివాసులు నాయుడు, వ్యవస్థాపక కార్యదర్శి, వైపిసీడి



Enadu article for Yoga practice session under guidance of YACD secretary S. Srinivasulu naidu



CONTROLLER OF EXAMINATIONS
P.V.N. GOVT. COLLEGE (AUTONOMOUS), CHITTOOR- 517001
DIPLOMA IN YOGA 1 YEAR II SEMESTER JANUARY-2022

Sl. No.	Regt. No.	Name	FATHER NAME	MOTHER NAME	AADHAR NUMBER	PRACTICAL																				SGPA	REMARKS										
						YOGA AND ALLIED SCIENCES					INTRODUCTION TO YOGA THERAPY					INTERSHIP AND PROJECT WORK					DIPLOMA IN YOGA PRACTICAL-I							DIPLOMA IN YOGA PRACTICAL-II									
						21-DY-201					21-DY-202					20-DY-203					21-DY-20P							21-DY-20P									
						CREDITS-4					CREDITS-4					CREDITS-4					CREDITS-4							CREDITS-4									
						IN	EX	Tot	GP	GRADE	REMARKS	IN	EX	Tot	GP	GRADE	REMARKS	IN	EX	Tot	GP	GRADE	REMARKS	IN	EX			Tot	GP	GRADE	REMARKS	IN	EX	Tot	GP	GRADE	REMARKS
1	D210804501	DOMMETI ARUNA JYOTHI	DOMMETI GOPAL	DOMMETI MANGA	612897262068	20	60	80	8.0	A	P	21	53	74	7.4	B	P	23	71	94	9.4	E	P	20	64	84	8.4	A	P	19	64	83	8.3	A	P	8.3	P
2	D210804502	THIMMISSETTI ARUNA KUMARI	T NARAYANA	T LAKSHMI DEVI	348060085355	21	62	83	8.3	A	P	20	63	83	8.3	A	P	21	71	92	9.2	E	P	16	63	79	7.9	A	P	16	64	80	8.0	A	P	8.3	P
3	D210804503	PUSIREDDY BRAHMINI	P.GANGIREDDY	P.SAVITHRI	712686690443	21	58	79	7.9	A	P	22	56	78	7.8	A	P	20	72	92	9.2	E	P	21	70	91	9.1	E	P	22	72	94	9.4	E	P	8.8	P
4	D210804504	D GAMITHA BEE	S.H.KHADAR BASHA	S. JAMEELA	978382117380	20	63	83	8.3	A	P	19	58	77	7.7	A	P	19	70	89	8.9	E	P	18	62	80	8.0	A	P	17	64	81	8.1	A	P	8.2	P
5	D210804506	K C GAYATHRI ROY	K VENKATESWARA RAO	K VANI	912236261175	23	61	84	8.4	A	P	23	64	87	8.7	E	P	23	71	94	9.4	E	P	21	70	91	9.1	E	P	22	72	94	9.4	E	P	9.0	P
6	D210804508	JAGAN MOHAN S	E.SHANMUGAM	MUTHEESWARI	445678883732	20	66	86	8.6	E	P	20	64	84	8.4	A	P	17	72	89	8.9	E	P	18	60	78	7.8	A	P	18	63	81	8.1	A	P	8.3	P
7	D210804509	V JAYACHANDRA	V ROJIAH	V KALAVATHI	417001435373	18	53	71	7.1	B	P	19	57	76	7.6	A	P	22	72	94	9.4	E	P	16	51	67	6.7	B	P	16	46	62	6.2	B	P	7.2	P
8	D210804510	KUSUMA K	KV SUBRAMANYAM	KV USHA RANI	232270182916	22	61	83	8.3	A	P	23	57	80	8.0	A	P	23	70	93	9.3	E	P	22	65	87	8.7	E	P	21	67	88	8.8	E	P	8.6	P
9	D210804511	MURALI MOHAN C	M. CHINNABBA	M. SANTHAMMA	780660122213	22	38	60	6.0	B	P	22	59	81	8.1	A	P	22	71	93	9.3	E	P	21	65	86	8.6	E	P	22	64	86	8.6	E	P	8.2	P
10	D210804515	P ROMITH	P RAVINDRA REDDY	B R LOKESWARI	394408807669	21	52	73	7.3	B	P	20	58	78	7.8	A	P	22	70	92	9.2	E	P	22	69	91	9.1	E	P	23	70	93	9.3	E	P	8.7	P
11	D210804516	YANAMADALA SIVA KUMAR	Y BHIMA RAJU	Y.RAMA LAKSHMI	336207572789	22	48	70	7.0	B	P	21	59	80	8.0	A	P	22	71	93	9.3	E	P	21	68	89	8.9	E	P	21	69	90	9.0	E	P	8.5	P
12	D210804519	SURYAPRAKASHNAIK BUJKEE	PARSHA NAIK BUJKEE	PARVATHI BAI BUJKEE	263320052740	19	53	72	7.2	B	P	18	59	77	7.7	A	P	17	72	89	8.9	E	P	16	60	76	7.6	A	P	16	59	75	7.5	A	P	7.7	P
13	D210804520	PULLATI VAMSI	P JAGANMOHAN RAO	P ANURADHA	406934860941	23	64	87	8.7	E	P	23	63	86	8.6	E	P	23	72	95	9.5	O	P	21	68	89	8.9	E	P	22	70	92	9.2	E	P	9.0	P
14	D210804522	VINOD KUMAR M	G GOPALA SWAMY	G CHANDRAVATHI	446088284197	18	52	70	7.0	B	P	19	47	66	6.6	B	P	18	70	88	8.8	E	P	20	60	80	8.0	A	P	20	58	78	7.8	A	P	7.7	P



Sri Venkateswara University, Tirupati
PVKN GOVT. COLLEGE (AUTONOMOUS) - CHITTOOR
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 Choice Based Credit System (CBCS)



S.No. 02099

STATEMENT OF MARKS & GRADES

CUM

DIPLOMA CERTIFICATE

This is to certify that Mr./Ms. **K C GAYATHRI ROY** has qualified himself/herself for the Programme **DIPLOMA IN YOGA** in this Institution, he/she having been declared to have passed the examination in Distinction prescribed therefor as follows and that he/she has fulfilled all the requirements for the formal presentation of **DIPLOMA IN YOGA (ENGLISH Medium)**. The following are the grades secured by the candidate.

Father's Name	K VENKATESWARA RAO		Regd No	D210804506								
Mother's Name	K VANI		Aadhar No	912236261175 Month&Year of Exam : Jan-2022								
Course Code	Course	Title of the Course	CRD	Maximum Marks			Marks Secured			Grade Points	Grade	Year of Pass
				CIA	SEA	Total	CIA	SEA	Total			
SEMESTER 1												
PART-I : CORE COURSES												
20-DIY-101	THEORY PAPER-I	INTRODUCTION TO YOGA	4	25	75	100	22	65	87	8.7	E	Aug-21
20-DIY-102	THEORY PAPER-II	FUNDAMENTALS OF HUMAN ANATOMY AND PSYCHOLOGY	4	25	75	100	22	63	85	8.5	E	Aug-21
20-DIY-103	THEORY PAPER-III	PRINCIPLES OF PSYCHOLOGY	4	25	75	100	23	62	85	8.5	E	Aug-21
PART-II : PRACTICAL COURSES												
20-DIY-101P	PRACTICAL PAPER-I	METHODOLOGY OF YOGA PRACTISE-I	6	25	75	100	21	62	83	8.3	A	Aug-21
20-DIY-102P	PRACTICAL PAPER-II	METHODOLOGY OF YOGA PRACTISE-II	6	25	75	100	22	64	86	8.6	E	Aug-21
Semester Grade Point Average (SGPA) :				8.5			Semester Grade :				E	
SEMESTER 2												
PART-I : CORE COURSES												
21-DIY-201	THEORY PAPER-IV	YOGA AND ALLIED SCIENCES	4	25	75	100	23	61	84	8.4	A	Jan-22
21-DIY-202	THEORY PAPER-V	INTRODUCTION TO YOGA THERAPY	4	25	75	100	23	64	87	8.7	E	Jan-22
21-DIY-203	THEORY PAPER-VI	INTERSHIP AND PROJECT WORK	4	25	75	100	23	71	94	9.4	E	Jan-22
PART-II : PRACTICAL COURSES												
21-DIY-201P	PRACTICAL PAPER-III	YOGA PRACTICALS-I	6	25	75	100	21	70	91	9.1	E	Jan-22
21-DIY-202P	PRACTICAL PAPER-IV	YOGA PRACTICALS-II	6	25	75	100	22	72	94	9.4	E	Jan-22
Semester Grade Point Average (SGPA) :				9.0			Semester Grade :				E	
CLASS : Distinction			CGPA 8.8			GRADE : E						



Date : 10-Mar-2022
 Seal :

Controller of Examinations
CONTROLLER OF EXAMINATIONS
 CHITTOOR (A.P.)

PRINCIPAL



Sri Venkateswara University, Tirupati
PVKN GOVT. COLLEGE (AUTONOMOUS) - CHITTOOR

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S.No. **02095**

STATEMENT OF MARKS & GRADES

CUM

DIPLOMA CERTIFICATE

This is to certify that Mr./Ms. **DOMMETI ARUNA JYOTHI** has qualified himself/herself for the Programme **DIPLOMA IN YOGA** in this Institution, he/she having been declared to have passed the examination in Distinction prescribed therefor as follows and that he/she has fulfilled all the requirements for the formal presentation of **DIPLOMA IN YOGA (ENGLISH Medium)**. The following are the grades secured by the candidate.

Father's Name		DOMMETI GOPAL		Regd No		D210804501						
Mother's Name		DOMMETI MANGA		Aadhar No		612897262068 Month&Year of Exam : Jan-2022						
Course Code	Course	Title of the Course	CRD	Maximum Marks			Marks Secured			Grade Points	Grade	Year of Pass
				CIA	SEA	Total	CIA	SEA	Total			
SEMESTER 1												
PART-I : CORE COURSES												
20-DIY-101	THEORY PAPER-I	INTRODUCTION TO YOGA	4	25	75	100	21	60	81	8.1	A	Aug-21
20-DIY-102	THEORY PAPER-II	FUNDAMENTALS OF HUMAN ANATOMY AND PSYCHOLOGY	4	25	75	100	18	65	83	8.3	A	Aug-21
20-DIY-103	THEORY PAPER-III	PRINCIPLES OF PSYCHOLOGY	4	25	75	100	23	66	89	8.9	E	Aug-21
PART-II : PRACTICAL COURSES												
20-DIY-101P	PRACTICAL PAPER-I	METHODOLOGY OF YOGA PRACTISE I	6	25	75	100	21	56	77	7.7	A	Aug-21
20-DIY-102P	PRACTICAL PAPER-II	METHODOLOGY OF YOGA PRACTISE II	6	25	75	100	21	57	78	7.8	A	Aug-21
Semester Grade Point Average (SGPA) :				8.1				Semester Grade :				A
SEMESTER 2												
PART-I : CORE COURSES												
21-DIY-201	THEORY PAPER-IV	YOGA AND ALLIED SCIENCES	4	25	75	100	20	60	80	8.0	A	Jan-22
21-DIY-202	THEORY PAPER-V	INTRODUCTION TO YOGA THERAPY	4	25	75	100	21	53	74	7.4	B	Jan-22
21-DIY-203	THEORY PAPER-VI	INTERSHIP AND PROJECT WORK	4	25	75	100	23	71	94	9.4	E	Jan-22
PART-II : PRACTICAL COURSES												
21-DIY-201P	PRACTICAL PAPER-III	YOGA PRACTICALS-I	6	25	75	100	20	64	84	8.4	A	Jan-22
21-DIY-202P	PRACTICAL PAPER-IV	YOGA PRACTICALS-II	6	25	75	100	19	64	83	8.3	A	Jan-22
Semester Grade Point Average (SGPA) :				8.3				Semester Grade :				A
CLASS : Distinction				CGPA 8.2				GRADE : A				



Date :

0-Mar-2022

Seal :

S. Srinivas
 Controller of Examinations
 PVKN GOVT. COLLEGE (A)
 CHITTOOR (A.P.)

[Signature]
 PRINCIPAL

PVKN GOVT. COLLEGE (A)
 CHITTOOR, AP



Sri Venkateswara University, Tirupati
PVKN GOVT. COLLEGE (AUTONOMOUS) - CHITTOOR
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 Choice Based Credit System (CBCS)



S.No. 02108

STATEMENT OF MARKS & GRADES

CUM

DIPLOMA CERTIFICATE

*This is to certify that Mr./Ms. **SURYAPRAKASHNAIK BUKKE** has qualified himself/herself for the Programme **DIPLOMA IN YOGA** in this Institution, he/she having been declared to have passed the examination in Distinction prescribed therefor as follows and that he/she has fulfilled all the requirements for the formal presentation of **DIPLOMA IN YOGA (ENGLISH Medium)**.*

The following are the grades secured by the candidate.

Father's Name : PARSHIA NAIK BUKKE		Regd No : D210804519										
Mother's Name : PARVATHI BAI BUKKE		Aadhar No 263320052740 Month&Year of Exam : Jan-2022										
Course Code	Course	Title of the Course	CRD	Maximum Marks			Marks Secured			Grade Points	Grade	Year of Pass
				CIA	SEA	Total	CIA	SEA	Total			
SEMESTER 1												
PART-I : CORE COURSES												
20-DIY-101	THEORY PAPER-I	INTRODUCTION TO YOGA	4	25	75	100	21	61	82	8.2	A	Aug-21
20-DIY-102	THEORY PAPER-II	FUNDAMENTALS OF HUMAN ANATOMY AND PSYCHOLOGY	4	25	75	100	22	65	87	8.7	E	Aug-21
20-DIY-103	THEORY PAPER-III	PRINCIPLES OF PSYCHOLOGY	4	25	75	100	21	62	83	8.3	A	Aug-21
PART-II : PRACTICAL COURSES												
20-DIY-101P	PRACTICAL PAPER-I	METHODOLOGY OF YOGA PRACTISE-I	6	25	75	100	22	57	79	7.9	A	Aug-21
20-DIY-102P	PRACTICAL PAPER-II	METHODOLOGY OF YOGA PRACTISE-II	6	25	75	100	20	58	78	7.8	A	Aug-21
Semester Grade Point Average (SGPA) :				8.1				Semester Grade :				A
SEMESTER 2												
PART-I : CORE COURSES												
21-DIY-201	THEORY PAPER-IV	YOGA AND ALLIED SCIENCES	4	25	75	100	19	53	72	7.2	B	Jan-22
21-DIY-202	THEORY PAPER-V	INTRODUCTION TO YOGA THERAPY	4	25	75	100	18	59	77	7.7	A	Jan-22
21-DIY-203	THEORY PAPER-VI	INTERSHIP AND PROJECT WORK	4	25	75	100	17	72	89	8.9	E	Jan-22
PART-II : PRACTICAL COURSES												
21-DIY-201P	PRACTICAL PAPER-III	YOGA PRACTICALS-I	6	25	75	100	16	60	76	7.6	A	Jan-22
21-DIY-202P	PRACTICAL PAPER-IV	YOGA PRACTICALS-II	6	25	75	100	16	59	75	7.5	A	Jan-22
Semester Grade Point Average (SGPA) :				7.7				Semester Grade :				A
CLASS : Distinction			CGPA 7.9			GRADE : A						



Date :

10-Mar-2022

Seal :



CONTROLLER OF EXAMINATIONS

CHITTOOR (A.P.)

PRINCIPAL

PVKN GOVT. COLLEGE (A)
 CHITTOOR, AP.



Sri Venkateswara University, Tirupati
PVKN GOVT. COLLEGE (AUTONOMOUS) - CHITTOOR

(Accredited with 'A' Grade by NAAC)
 Choice Based Credit System (CBCS)



S.No. **02107**

STATEMENT OF MARKS & GRADES

CUM

DIPLOMA CERTIFICATE

This is to certify that Mr./Ms. YANAMADALA SIVA KUMAR has qualified himself/herself for the Programme DIPLOMA IN YOGA in this Institution, he/she having been declared to have passed the examination in Distinction prescribed therefor as follows and that he/she has fulfilled all the requirements for the formal presentation of DIPLOMA IN YOGA (ENGLISH Medium).

The following are the grades secured by the candidate.

Father's Name		Y BHIMA RAJU		Regd No		D210804516						
Mother's Name		Y.RAMA LAKSHMI		Aadhar No		336207572789		Month&Year of Exam : Jan-2022				
Course Code	Course	Title of the Course	CRD	Maximum Marks			Marks Secured			Grade Points	Grade	Year of Pass
				CIA	SEA	Total	CIA	SEA	Total			
SEMESTER 1												
PART-I : CORE COURSES												
20-DIY-101	THEORY PAPER-I	INTRODUCTION TO YOGA	4	25	75	100	21	55	76	7.6	A	Aug-21
20-DIY-102	THEORY PAPER-II	FUNDAMENTALS OF HUMAN ANATOMY AND PSYCHOLOGY	4	25	75	100	20	59	79	7.9	A	Aug-21
20-DIY-103	THEORY PAPER-III	PRINCIPLES OF PSYCHOLOGY	4	25	75	100	22	57	79	7.9	A	Aug-21
PART-II : PRACTICAL COURSES												
20-DIY-101P	PRACTICAL PAPER-I	METHODOLOGY OF YOGA PRACTISE I	6	25	75	100	20	62	82	8.2	A	Aug-21
20-DIY-102P	PRACTICAL PAPER-II	METHODOLOGY OF YOGA PRACTISE II	6	25	75	100	20	63	83	8.3	A	Aug-21
Semester Grade Point Average (SGPA) :				8.0				Semester Grade :				A
SEMESTER 2												
PART-I : CORE COURSES												
21-DIY-201	THEORY PAPER-IV	YOGA AND ALLIED SCIENCES	4	25	75	100	22	48	70	7.0	B	Jan-22
21-DIY-202	THEORY PAPER-V	INTRODUCTION TO YOGA THERAPY	4	25	75	100	21	59	80	8.0	A	Jan-22
21-DIY-203	THEORY PAPER-VI	INTERSHIP AND PROJECT WORK	4	25	75	100	22	71	93	9.3	E	Jan-22
PART-II : PRACTICAL COURSES												
21-DIY-201P	PRACTICAL PAPER-III	YOGA PRACTICALS-I	6	25	75	100	21	68	89	8.9	E	Jan-22
21-DIY-202P	PRACTICAL PAPER-IV	YOGA PRACTICALS-II	6	25	75	100	21	69	90	9.0	E	Jan-22
Semester Grade Point Average (SGPA) :				8.5				Semester Grade :				E
CLASS : Distinction			CGPA 8.3				GRADE : A					



Date : 10-Mar-2022

Seal :



S. Srinivas
 CONTROLLER OF EXAMINATIONS
 PVKN GOVT. COLLEGE (A)
 CHITTOOR (A.P.)

S. Srinivas
 PRINCIPAL
 PVKN GOVT. COLLEGE (A)
 CHITTOOR, A.P.



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S.No. 02096

STATEMENT OF MARKS & GRADES

CUM

DIPLOMA CERTIFICATE

This is to certify that Mr./Ms. THIMMISETTI ARUNA KUMARI has qualified himself/herself for the Programme DIPLOMA IN YOGA in this Institution, he/she having been declared to have passed the examination in Distinction prescribed therefor as follows and that he/she has fulfilled all the requirements for the formal presentation of DIPLOMA IN YOGA (ENGLISH Medium).

The following are the grades secured by the candidate.

Father's Name : T NARAYANA		Regd No : D210804502										
Mother's Name : T LAKSHMI DEVI		Aadhar No 348080085355 Month&Year of Exam : Jan-2022										
Course Code	Course	Title of the Course	CRD	Maximum Marks			Marks Secured			Grade Points	Grade	Year of Pass
				CIA	SEA	Total	CIA	SEA	Total			
SEMESTER 1												
PART-I : CORE COURSES												
20-DIY-101	THEORY PAPER-I	INTRODUCTION TO YOGA	4	25	75	100	22	53	75	7.5	A	Aug-21
20-DIY-102	THEORY PAPER-II	FUNDAMENTALS OF HUMAN ANATOMY AND PSYCHOLOGY	4	25	75	100	21	64	85	8.5	E	Aug-21
20-DIY-103	THEORY PAPER-III	PRINCIPLES OF PSYCHOLOGY	4	25	75	100	22	65	87	8.7	E	Aug-21
PART-II : PRACTICAL COURSES												
20-DIY-101P	PRACTICAL PAPER-I	METHODOLOGY OF YOGA PRACTISE-I	6	25	75	100	21	60	81	8.1	A	Aug-21
20-DIY-102P	PRACTICAL PAPER-II	METHODOLOGY OF YOGA PRACTISE-II	6	25	75	100	20	60	80	8.0	A	Aug-21
Semester Grade Point Average (SGPA) : 8.1				Semester Grade : A								
SEMESTER 2												
PART-I : CORE COURSES												
21-DIY-201	THEORY PAPER-IV	YOGA AND ALLIED SCIENCES	4	25	75	100	21	62	83	8.3	A	Jan-22
21-DIY-202	THEORY PAPER-V	INTRODUCTION TO YOGA THERAPY	4	25	75	100	20	63	83	8.3	A	Jan-22
21-DIY-203	THEORY PAPER-VI	INTERSHIP AND PROJECT WORK	4	25	75	100	21	71	92	9.2	E	Jan-22
PART-II : PRACTICAL COURSES												
21-DIY-201P	PRACTICAL PAPER-III	YOGA PRACTICALS-I	6	25	75	100	16	63	79	7.9	A	Jan-22
21-DIY-202P	PRACTICAL PAPER-IV	YOGA PRACTICALS-II	6	25	75	100	16	64	80	8.0	A	Jan-22
Semester Grade Point Average (SGPA) : 8.3				Semester Grade : A								
CLASS : Distinction			CGPA 8.2			GRADE : A						



Date : 10-Mar-2022

Seal :



Signature
 CONTROLLER OF EXAMINATIONS
 PVKN GOVT COLLEGE (A)
 CHITTOOR, A.P.

Signature
 PRINCIPAL
 PVKN GOVT COLLEGE (A)
 CHITTOOR, A.P.



Sri Venkateswara University, Tirupati
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S.No. 02097

STATEMENT OF MARKS & GRADES

CUM

DIPLOMA CERTIFICATE

This is to certify that Mr./Ms. **PUSIREDDY BRAHMINI** has qualified himself/herself for the Programme **DIPLOMA IN YOGA** in this Institution, he/she having been declared to have passed the examination in Distinction prescribed therefor as follows and that he/she has fulfilled all the requirements for the formal presentation of **DIPLOMA IN YOGA (ENGLISH Medium)**. The following are the grades secured by the candidate.

Father's Name : P.GANGIREDDY		Regd No : D210804503										
Mother's Name : P.SAVITHRI		Aadhar No : 712686690443										
		Month & Year of Exam : Jan-2022										
Course Code	Course	Title of the Course	CRD	Maximum Marks	Marks Secured			Grade Points	Grade	Year of Pass		
					CIA	SEA	Total					
SEMESTER 1												
PART-I : CORE COURSES												
20-DIY-101	THEORY PAPER-I	INTRODUCTION TO YOGA	4	25	75	100	21	54	75	7.5	A	Aug-21
20-DIY-102	THEORY PAPER-II	FUNDAMENTALS OF HUMAN ANATOMY AND PSYCHOLOGY	4	25	75	100	22	56	78	7.8	A	Aug-21
20-DIY-103	THEORY PAPER-III	PRINCIPLES OF PSYCHOLOGY	4	25	75	100	21	61	82	8.2	A	Aug-21
PART-II : PRACTICAL COURSES												
20-DIY-101P	PRACTICAL PAPER-I	METHODOLOGY OF YOGA PRACTISE-I	6	25	75	100	21	65	86	8.6	E	Aug-21
20-DIY-102P	PRACTICAL PAPER-II	METHODOLOGY OF YOGA PRACTISE-II	6	25	75	100	20	64	84	8.4	A	Aug-21
Semester Grade Point Average (SGPA) : 8.2					Semester Grade : A							
SEMESTER 2												
PART-I : CORE COURSES												
21-DIY-201	THEORY PAPER-IV	YOGA AND ALLIED SCIENCES	4	25	75	100	21	58	79	7.9	A	Jan-22
21-DIY-202	THEORY PAPER-V	INTRODUCTION TO YOGA THERAPY	4	25	75	100	22	56	78	7.8	A	Jan-22
21-DIY-203	THEORY PAPER-VI	INTERSHIP AND PROJECT WORK	4	25	75	100	20	72	92	9.2	E	Jan-22
PART-II : PRACTICAL COURSES												
21-DIY-201P	PRACTICAL PAPER-III	YOGA PRACTICALS-I	6	25	75	100	21	70	91	9.1	E	Jan-22
21-DIY-202P	PRACTICAL PAPER-IV	YOGA PRACTICALS-II	6	25	75	100	22	72	94	9.4	E	Jan-22
Semester Grade Point Average (SGPA) : 8.8					Semester Grade : E							
CLASS : Distinction			CGPA : 8.5			GRADE : E						



Date : 10-Mar-2022

Seal :

Controller of Examinations
 PVKN GOVT. COLLEGE (A) CHITTOOR

Principal
 PVKN GOVT. COLLEGE (A) CHITTOOR



Sri Venkateswara University, Tirupati
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 Choice Based Credit System (CBCS)



S.No. 02110

STATEMENT OF MARKS & GRADES

CUM

DIPLOMA CERTIFICATE

This is to certify that Mr./Ms. PULLATI VAMSI has qualified himself/herself for the Programme DIPLOMA IN YOGA in this Institution, he/she having been declared to have passed the examination in Distinction prescribed therefor as follows and that he/she has fulfilled all the requirements for the formal presentation of DIPLOMA IN YOGA (ENGLISH Medium).

The following are the grades secured by the candidate.

Father's Name : P JAGANMOHAN RAO		Regd No : D210804520										
Mother's Name : P ANURADHA		Aadhar No 408934860941 Month&Year of Exam : Jan-2022										
Course Code	Course	Title of the Course	CRD	Maximum Marks			Marks Secured			Grade Points	Grade	Year of Pass
				CIA	SEA	Total	CIA	SEA	Total			
SEMESTER 1												
PART-I : CORE COURSES												
20-DIY-101	THEORY PAPER-I	INTRODUCTION TO YOGA	4	25	75	100	21	61	82	8.2	A	Aug-21
20-DIY-102	THEORY PAPER-II	FUNDAMENTALS OF HUMAN ANATOMY AND PSYCHOLOGY	4	25	75	100	21	64	85	8.5	E	Aug-21
20-DIY-103	THEORY PAPER-III	PRINCIPLES OF PSYCHOLOGY	4	25	75	100	23	65	88	8.8	E	Aug-21
PART-II : PRACTICAL COURSES												
20-DIY-101P	PRACTICAL PAPER-I	METHODOLOGY OF YOGA PRACTISE-I	6	25	75	100	23	59	82	8.2	A	Aug-21
20-DIY-102P	PRACTICAL PAPER-II	METHODOLOGY OF YOGA PRACTISE-II	6	25	75	100	21	59	80	8.0	A	Aug-21
Semester Grade Point Average (SGPA) : 8.3				Semester Grade : A								
SEMESTER 2												
PART-I : CORE COURSES												
21-DIY-201	THEORY PAPER-IV	YOGA AND ALLIED SCIENCES	4	25	75	100	23	64	87	8.7	E	Jan-22
21-DIY-202	THEORY PAPER-V	INTRODUCTION TO YOGA THERAPY	4	25	75	100	23	63	86	8.6	E	Jan-22
21-DIY-203	THEORY PAPER-VI	INTERSHIP AND PROJECT WORK	4	25	75	100	23	72	95	9.5	O	Jan-22
PART-II : PRACTICAL COURSES												
21-DIY-201P	PRACTICAL PAPER-III	YOGA PRACTICALS-I	6	25	75	100	21	68	89	8.9	E	Jan-22
21-DIY-202P	PRACTICAL PAPER-IV	YOGA PRACTICALS-II	6	25	75	100	22	70	92	9.2	E	Jan-22
Semester Grade Point Average (SGPA) : 9.0				Semester Grade : E								
CLASS : Distinction			CGPA 8.6				GRADE : E					



Date :

10-Mar-2022

Seal :



CONTROLLER OF EXAMINATIONS
 PVKN GOVT. COLLEGE (A)
 CHITTOOR (A.P.)

PRINCIPAL
 PVKN GOVT. COLLEGE (A)
 CHITTOOR (A.P.)



Sri Venkateswara University, Tirupati
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S.No. **02100**

STATEMENT OF MARKS & GRADES

CUM

DIPLOMA CERTIFICATE

This is to certify that **Mr./Ms. D GAMITHA BEE** has qualified himself/herself for the Programme **DIPLOMA IN YOGA** in this Institution, he/she having been declared to have passed the examination in Distinction prescribed therefor as follows and that he/she has fulfilled all the requirements for the formal presentation of **DIPLOMA IN YOGA (ENGLISH Medium)**.
 The following are the grades secured by the candidate.

Father's Name : S.H.khadar basha		Regd No : D210804504										
Mother's Name : S.Jameela		Aadhar No 978382117380 Month&Year of Exam : Jan-2022										
Course Code	Course	Title of the Course	CRD	Maximum Marks			Marks Secured			Grade Points	Grade	Year of Pass
				CIA	SEA	Total	CIA	SEA	Total			
SEMESTER 1												
PART-I : CORE COURSES												
20-DIY-101	THEORY PAPER-I	INTRODUCTION TO YOGA	4	25	75	100	20	58	78	7.8	A	Aug-21
20-DIY-102	THEORY PAPER-II	FUNDAMENTALS OF HUMAN ANATOMY AND PSYCHOLOGY	4	25	75	100	21	65	86	8.6	E	Aug-21
20-DIY-103	THEORY PAPER-III	PRINCIPLES OF PSYCHOLOGY	4	25	75	100	23	61	84	8.4	A	Aug-21
PART-II : PRACTICAL COURSES												
20-DIY-101P	PRACTICAL PAPER-I	METHODOLOGY OF YOGA PRACTISE-I	6	25	75	100	22	58	80	8.0	A	Aug-21
20-DIY-102P	PRACTICAL PAPER-II	METHODOLOGY OF YOGA PRACTISE-II	6	25	75	100	21	59	80	8.0	A	Aug-21
Semester Grade Point Average (SGPA) :				8.1			Semester Grade : A					
SEMESTER 2												
PART-I : CORE COURSES												
21-DIY-201	THEORY PAPER-IV	YOGA AND ALLIED SCIENCES	4	25	75	100	20	63	83	8.3	A	Jan-22
21-DIY-202	THEORY PAPER-V	INTRODUCTION TO YOGA THERAPY	4	25	75	100	19	58	77	7.7	A	Jan-22
21-DIY-203	THEORY PAPER-VI	INTERSHIP AND PROJECT WORK	4	25	75	100	19	70	89	8.9	E	Jan-22
PART-II : PRACTICAL COURSES												
21-DIY-201P	PRACTICAL PAPER-III	YOGA PRACTICALS-I	6	25	75	100	18	62	80	8.0	A	Jan-22
21-DIY-202P	PRACTICAL PAPER-IV	YOGA PRACTICALS-II	6	25	75	100	17	64	81	8.1	A	Jan-22
Semester Grade Point Average (SGPA) :				8.2			Semester Grade : A					
CLASS : Distinction				CGPA 8.2				GRADE : A				



Date : 10-Mar-2022

Seal :

CONTROLLER OF EXAMINATIONS

PRINCIPAL